

SPA ETIQUETTE

We strongly recommend that you schedule spa appointments prior to your arrival at the Spa. Reservations are subject to availability and must be guaranteed with a hotel room number or credit card.

Cancellation

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance for single services and 48 hours in advance for multiple treatments. A 50% charge will be applied to your credit card for failure to follow this policy. No show appointments will be charged in full.

Do You Have Special Health Considerations?

Please notify our spa concierge if you have high blood pressure, allergies, any physical ailments, special needs, or if you are pregnant. This information may also be completed on your Personal Care Guide upon arrival at the spa. These health considerations would affect your choice of services.

Arrival

We suggest that you arrive 45 minutes before your appointment time to sign in, change into your robe and slippers, and enjoy our luxurious amenities. Please remember to bring your bathing suit for our co-ed amenity space.

Late Arrival

As a courtesy to following clients, late arrivals will only receive the remaining available appointment time and will be charged the full-service fee.

Do You Need Help Choosing Your Treatment?

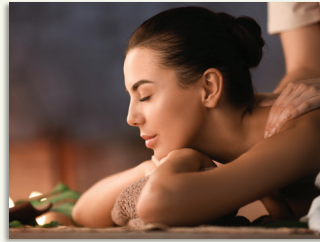
Our spa concierge will help you plan the perfect spa experience to meet your specific needs.

What Should You Wear?

A robe, slippers, and day locker will be provided for you upon arrival to the spa. Please remember to bring your bathing suit so that you can enjoy our co-ed amenity space. Disrobe to the level of your comfort. Undergarments are not necessary, but you may wear them during your treatment if you prefer. Our licensed therapists are trained to drape a sheet or towel over your body in a discrete manner, always assuring your privacy. For facials, we provide body wraps to cover the lower and upper half of your body.

Should You Shave Before a Treatment?

Shaving is not recommended prior to any body exfoliation treatment or hair removal services. We do, however, recommend that men please do shave 2 hours before their scheduled facial treatment.



Is There an Age Requirement to Use the Spa?

All spa guests must be 16 or older to schedule a treatment.

Cell Phones

In consideration of our other guests, we ask that you turn off your cell phone before entering the spa.

Payment

We accept all major credit cards, cash, casino comps or you may charge the service to your hotel room.

Service Charge

Please note that a mandatory surcharge will be added for all à la carte services and day spa packages. Gratuities are optional and are left at your discretion. Gratuities are retained in full by the provider(s) performing the service(s).

Valuables

Please do not bring or leave valuables in the facility or lockers. We are not responsible for any theft or loss of personal property, including jewelry or other personal items.



Cedar & Sage Spa

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SPA TREATMENT MENU

Cedar & Sage Spa

SIGNATURE SERVICES:

Keeper of the Fire Stone Massage

80 minutes

The healing properties of Swedish massage and the heat from basalt stones are combined to relieve tension and stress. This warming massage loosens muscles, increases circulation, and promotes deep relaxation.

5 Herbs and Honey Milk Wrap

80 minutes

Reinvigorate your soul and your skin with this succulent wrap and massage. A steaming mineral towel compress, infused with organic teas and flower petals, wraps around you after you are painted with a raw honey and live fruit cell glaze. New life is breathed into skin once scrubbed with a refreshing salt and rice bran oil blend. The finale is a massage incorporating buttermilk steeped milk lotion and a drop of crisp sweetgrass oil to awaken and deeply moisturize the skin.

MASSAGE CLASSICS:

Well Grounded CBD Massage

50/80 minutes

Enhance the healing benefits of your massage with a powerful blend of CBD. The cannabis plant is non-psychoactive and has properties to reduce inflammation, elevate your mood, and promote full-body restoration.

Deep Within Therapeutic Massage

50/80 minutes

This therapeutic massage combines long, deep strokes and firm pressure to enhance circulation, balance energy, and promote wellbeing. The treatment accesses deeper into the muscle layers and is ideal after sports activities or travel to improve flexibility and release stress.

Clear the Path Custom Blend Massage

50/80 minutes

This aromatic sensory journey is designed to relieve tension and promote mental clarity. Using a customized blend of essential oils and therapeutic massage techniques, you'll drift away into total relaxation and leave restored, renewed, and balanced.

Naturally Nurture Massage

50 minutes

Our expert therapists will create a personalized treatment for your specific needs using gentle massage techniques safe for expecting mothers. This specialty service will focus on releasing stress and easing inflammation while promoting relaxation.

MASSAGE CLASSICS:

Relaxation Massage

50/80 minutes

This full-body treatment is the most traditional form of Western Massage. The gold standard for relaxation and well-being using hydrating oils and massage techniques to nourish the body as a whole.

MASSAGE ENHANCEMENTS:

Warm Stones

Aromatherapy

Back Scrub

Foot Scrub

CBD Spot Treatment

REJUVENATE YOUR BODY, *Refuel Your Fire.*

Cedar & Sage Spa combines its rich culture with results-driven treatments. Our bodies are connected to the earth. When we reconnect with nature, we restore our balance. Our wellness offerings integrate this philosophy and utilize indigenous botanicals and therapeutic services. Along with a full circuit of hydrotherapy amenities that include steam, sauna, cold plunge and hot tub, Cedar & Sage creates a transformative space to ignite your soul.



FACIALS:

Age Defying Facial

50 minutes

Restore skin's vitality through this age-defying treatment. This luxurious facial focuses on the eyes, neck, and jawline delivering a brighter, nourished, and lifted complexion. Each treatment includes a gentle exfoliation, an acupressure facial massage, and nutrient-rich extracts for long-lasting results.

Raw Botanical Facial

50 minutes

Restore your complexion with this facial rich in natural botanicals and active fruit acids. The antioxidants help repair sun-damaged skin, stimulate cell renewal, and leave the skin brightened and youthful.

Restore and Calm Serenity Facial

50 minutes

Restore skin's vitality with this soothing and calming treatment specialized for sensitive skin. Utilizing unique extracts of organic calendula and Echinacea, this facial treats visible signs of stress and helps to restore the natural barrier to leave it repaired and nourished.

Custom Reset Facial

50 minutes

This individualized facial treatment is highly personalized to your unique needs. Using aromatic essential oils and an infusion of ultra-hydrating botanicals, your skin is left repaired, nourished, and radiant.

FACIAL ENHANCEMENTS:

Ageless Eye Treatment

MANICURES & PEDICURES:

Express Manicure (25 mins)

Signature Manicure (45 mins)

Express Pedicure (45 mins)

Signature Pedicure (60 mins)

HAIR:

Women's Cut

Men's Cut

Blow Out

Up Do

Bridal Hair

Call to inquire about Waxing Services